

# IN FO CU S

ISSUE:

NATIONAL YOUTH  
DAY



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# EDITOR'S NOTE

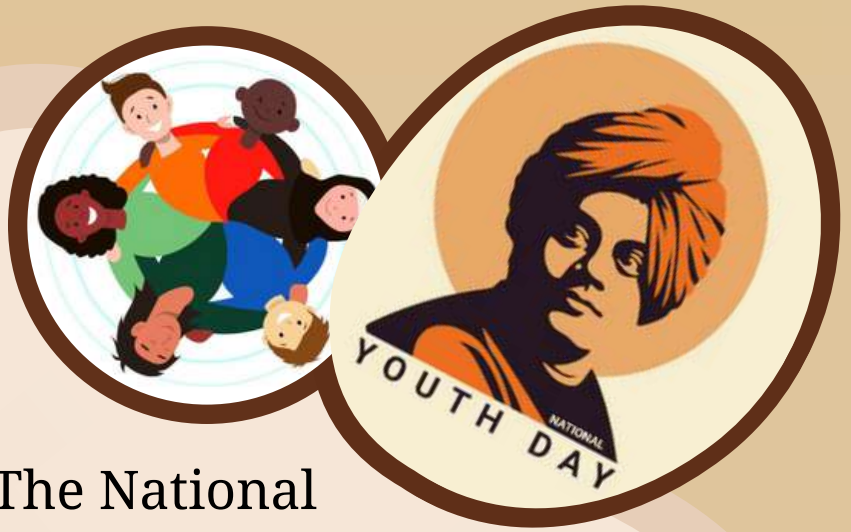
“The greatest sin is to think yourself weak.” —  
Swami Vivekananda

What if we actually believed this—every single day? As we celebrate National Youth Day, we're not just marking a date on the calendar; we're celebrating you—your ideas, your energy, your questions, and your power to shape the future. Youth is that exciting phase where curiosity meets courage, where dreams feel big and possibilities feel endless.

This magazine is our small attempt to start a conversation. Through these pages, you'll find thoughts, stories, and ideas that highlight the strength of young voices, the importance of leadership, and the responsibility we carry toward society. Swami Vivekananda believed deeply in the power of the youth—and we hope his words inspire you to believe in yourself too.

So as you flip through these pages, pause and ask yourself: What change do I want to see? What can I contribute? National Youth Day isn't just about celebrating potential—it's about using it wisely, fearlessly, and with purpose.

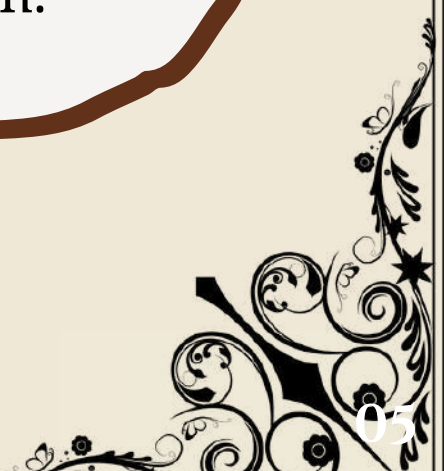
# WHAT IS NATIONAL YOUTH DAY?



“The National Youth Day is celebrated every year on January 12th to mark the birth anniversary of Swami Vivekananda, a visionary who believed strongly in the power of youth. The day highlights the importance of young people in shaping society by encouraging self-belief, leadership, and social responsibility. It serves as a reminder that empowered and motivated youth can bring meaningful change and contribute positively to the nation’s progress.

# WHY NATIONAL YOUTH DAY MATTERS ?

National Youth Day is significant as it reflects Swami Vivekananda's strong belief in the power and potential of young people. It encourages youth to develop self-reliance, confidence, and inner strength while becoming aware of their responsibilities towards society. The day also highlights the role of young minds in bringing positive social change and contributing meaningfully to national development through leadership, service, and thoughtful action.





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## THE INSPIRATION

Swami Vivekananda, born in 1863, was a great spiritual leader, philosopher, and one of India's most influential thinkers. He is remembered for his powerful ideas on youth, education, and nation-building. Vivekananda believed that true progress begins with strong character, knowledge, and self-belief. He gained international recognition through his inspiring speech at the World Parliament of Religions in Chicago, where he spoke about unity, tolerance, and respect among different faiths.



He later founded the Ramakrishna Mission, an organisation dedicated to education, social service, and spiritual growth.

## VIVEKANANDA'S INSPIRATIONAL QUOTES

Swami Vivekananda's quotes inspire self-belief, courage, and determination, reminding youth to stay focused, take risks, and lead with confidence and purpose.

Swami Vivekananda strongly believed in empowering young people. He urged the youth to lead with integrity, discipline, and wisdom, reminding them that knowledge combined with values has the power to transform society. His teachings continue to guide and inspire generations even today.

- “Arise, awake, and stop not till the goal is reached.”
- “Believe in yourself.”
- “Strength is life, weakness is death.”
- “Be fearless in the pursuit of truth.”
- “Education is the manifestation of perfection already in man



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## YOUTH ACTIONS AND SUCCESS STORIES

Young people across India are shaping the future through innovation, leadership, and social responsibility. From startups to social initiatives, they prove that age is no barrier to creating meaningful change.

**Entrepreneurship:** Youth-led startups like Byju's and Zomato showcase innovation and problem-solving.

**Social Change:** Organisations such as Teach For India reflect youth leadership in education and social equity.

**Innovation:** Young innovators like Ankit Agarwal, who worked on affordable water-purification and sanitation solutions, show how youth-led ideas can tackle real-world problems and promote sustainability.



# **YOUTH CHALLENGES IN MODERN INDIA**

Young people in India today face challenges that go beyond textbooks and exams. Many struggle with stress and pressure, affecting their mental well-being. Career uncertainty often creates anxiety, as clear paths to the future are not always visible. The growing influence of social media can impact self-image and self-worth, making comparison hard to avoid. At the same time, youth often have limited space in decision-making, leaving their voices unheard despite their ideas and energy.

# HOW TO CELEBRATE NATIONAL YOUTH DAY?



National Youth Day is best celebrated by bringing young people together to learn, express, and give back to society. It is an opportunity to reflect on Swami Vivekananda's ideas while also enjoying activities that build confidence and teamwork.

Interactive workshops and talks that explore Vivekananda's teachings

Essay or speech competitions where students share their thoughts on youth empowerment

Cultural programmes and sports events that celebrate creativity, talent, and unity

Community service activities that encourage kindness, responsibility, and social involvement





**FIND THE FOLLOWING WORDS**

N D U I A L E A D E R J  
P B I P J J O O H B C I  
T I S S H P E D K R O D  
V X S R C H B H F Z U C  
W A I P S I G B P A R N  
F P H Z U R P P B Q A I  
R A D U I Y Y L T P G B  
S E R V I C E D I L E T  
S N D Y Y L P C S N I P  
P U I D E N B Z E T E L

**SERVICE****COURAGE****LEADER****DISCIPLINE**